

# Outcomes and Associated Factors Among Patients with Multidrug-Resistant Gram-Negative Bacilli Bacteremia at a Tertiary Care Hospital in Thailand

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**Objective:** Multidrug-resistant (MDR) Gram-negative bacilli (GNB) bacteremia is a major problem worldwide, including in Thailand. The present study aimed to determine the outcomes and associated factors of MDR GNB bacteremia among adult patients at a tertiary care hospital in Thailand.

**Materials and Methods:** A retrospective cohort study was conducted between January 1, 2017 and December 31, 2020 among patients older than 15 years with laboratory-confirmed GNB bacteremia. Univariate and multivariate logistic regression analyses were used to determine factors significantly associated with MDR bacteremia.

**Results:** Three hundred sixty-four subjects were included in the present study. The most common source of GNB bacteremia was genitourinary tract infection, in 49.2%, and 33.8% of all GNB bacteremia was MDR. The most common causative pathogen was *Escherichia coli*. The factors significantly positively associated with MDR infection were residing in a long-term care facility (adjusted odds ratio [aOR] 4.25, 95% confidence interval [CI] 1.47 to 12.29,  $p=0.008$ ), previous hospitalization within 90 days (aOR 3.40, 95% CI 1.62 to 7.16,  $p=0.010$ ), and having a genitourinary tract infection (aOR 2.33, 95% CI 1.04 to 5.20,  $p=0.040$ ). There was no significant difference in mortality between the two groups. The median duration of hospital stay among the MDR group was longer compared to that of the non-MDR group in 11 (interquartile range [IQR] 7 to 21.5) versus 10 (IQR 5 to 18) days ( $p=0.020$ ). The median duration of fever in the MDR group was also longer than that in the non-MDR group at 3 (IQR 2 to 5) versus 3 (IQR 1 to 5) days ( $p=0.041$ ). The factor significantly associated with survival in the MDR group was having an appropriate empiric antibiotic (aOR 0.07, 95% CI 0.12 to 0.43,  $p=0.004$ ).

**Conclusion:** Patients admitted to hospital from a long-term care facility, had prior hospitalization within 90 days, or had genitourinary tract infection should receive empiric antibiotics covering MDR GNB pathogens. Further studies are needed to determine whether making these changes will result in improving survival among the study population.

**Keywords:** Associated factor; Outcomes; Multidrug resistance; Gram-negative bacilli; Bacteremia, Thailand

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Antimicrobial resistance (AMR) poses a significant public health threat worldwide. The presence of AMR infection results in high morbidity and mortality, prolonged hospitalization, increased healthcare expenditures, and treatment failure<sup>(1-3)</sup>.

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An assessment of the global burden of AMR in 204 countries in 2019 estimated that 4.95 million deaths were associated with AMR bacteria, including 1.27 million deaths were attributable to bacterial AMR, which was much larger than death from HIV and malaria<sup>(2)</sup>. According to the 2016 AMR Review, the annual death toll from AMR could reach up to 10 million by 2050, surpassing the death toll from cancer and road traffic accidents<sup>(4)</sup>. In Thailand, AMR resulted in approximately 88,000 infections, causing 38,000 fatalities and at least 3.24 million extra hospital days<sup>(5)</sup>. The direct expenses of antibiotics for treating AMR infections ranged from \$70 million to \$170 million. The indirect expenses associated with illness and premature mortality due to AMR amounted to at least \$1.1 billion<sup>(5)</sup>. A report by the World Health Organization's Global Antimicrobial

Resistance and Use Surveillance System in 2021 revealed an increase in multidrug-resistant (MDR) Gram-negative bacilli (GNB), especially carbapenem-resistant (CR) Enterobacterales, *Acinetobacter baumannii*, and *Pseudomonas aeruginosa*<sup>(6)</sup>. This finding aligned with a recent large-scale surveillance of 47 hospitals in Thailand, which revealed a high prevalence of AMR<sup>(7)</sup>. The prevalence of extended-spectrum cephalosporin resistant (ESCR) was greater in *Escherichia coli*, at 42.5%, compared to *Klebsiella pneumoniae*, which is at 32%, whereas CR-*K. pneumoniae*, at 17.2%, was higher than CR-*E. coli* at 3.8%<sup>(7)</sup>. Among the *A. baumannii* complex isolates, a considerable proportion of up to 77.6% exhibited extensively drug-resistant (XDR) or MDR<sup>(7)</sup>. In contrast, *P. aeruginosa* demonstrated XDR or MDR at a lower rate of 22.8%<sup>(7)</sup>. The study site is a tertiary hospital that has had a significant increase in CR-*K. pneumoniae*, rising from 4% in 2013 to 11.6% in 2023. The prevalence of MDR/XDR *A. baumannii* complex also escalated with time, rising from 71% in 2013 to 81% in 2023.

MDR infections and associated risk factors vary among hospitals according to local patterns of use. It is essential to observe the epidemiology at both a regional and a facility level. Under-recognition of the potential of MDR pathogens to cause infections leads to inappropriate empirical antibiotic use. The delayed administration of antibiotics against susceptible pathogens increases the length of hospital stays, hospitalization expenditures, and mortality rates<sup>(8)</sup>. Previous studies have reported associations between MDR GNB infections and several factors, including previous use of antibiotics, inappropriate antibiotic therapy, prior MDR infection or colonization, recent hospitalization, longer hospitalization, catheter-associated urinary tract infection (UTI), endotracheal intubation, mechanical ventilation, nursing home residence, and higher disease severity score<sup>(9-13)</sup>. Therefore, epidemiological data regarding AMR in every hospital and individual risk stratification approaches can be utilized to select appropriate antibiotics and improve treatment outcomes and mortality.

In the present study, the authors aimed to determine the incidence of MDR GNB infections among patients with bloodstream infections at the study hospital and determine the factors significantly associated with MDR GNB bacteremia and treatment outcomes.

## Materials and Methods

### Study design and population

The authors conducted a single-center retrospective observational cohort study at the Bamrasnaradura Infectious Diseases Institute, a 230-bed tertiary care hospital in Thailand, between January 1, 2017 and December 31, 2020. The inclusion criteria for study subjects were older than 15 years and laboratory-confirmed GNB bacteremia, including Enterobacterales, *Pseudomonas* spp., and *Acinetobacter* spp. Subjects admitted with GNB bacteremia multiple times during the study period were included in the present study for only the last admission. Subjects with more than one episode of GNB bacteremia during the same admission were considered as having a single episode. The exclusion criteria were positive specimen for GNB considered to be laboratory contamination and treatment begun or completed at another hospital where data were missing. Subjects were identified by searching the laboratory database. Each subject's electronic and hard copy medical records were reviewed, and demographic characteristics, clinical course, severity of infection, antimicrobials used for treatment, case outcome, and any complications were recorded.

### Definitions

For the purposes of this present, the authors defined MDR as the ability to resist at least one antimicrobial agent in three or more antimicrobial categories<sup>(14)</sup>. The criteria for diagnosing systemic inflammatory response syndrome (SIRS) included satisfying any two of the following conditions, temperature greater than 38°C or less than 36°C, heart rate greater than 90 beats per minute, respiratory rate greater than 20 per minute or PaCO<sub>2</sub> of less than 32 mmHg, and white blood cell count of more than 12,000 per mm<sup>3</sup> or less than 4,000 per mm<sup>3</sup> or more than 10% immature bands<sup>(15)</sup>. Sepsis was defined as a severe condition when the body's reaction to infection became uncontrolled, leading to life-threatening organ dysfunction<sup>(16)</sup>. Subjects with septic shock were selected based on a clinical definition of sepsis characterized by ongoing hypotension that necessitate the use of vasopressors to maintain a mean arterial pressure (MAP) of 65 mmHg or more and had a serum lactate level of more than 2 mmol/L despite receiving sufficient fluid resuscitation<sup>(16)</sup>. Acute Physiology and Chronic Health Evaluation (APACHE) II scores were calculated based on the most abnormal data recorded within 24 hours after sepsis<sup>(17)</sup>. Community-acquired infection refers to an

infection that was acquired outside the hospital or within 48 hours after admission. Hospital-associated infection was defined as an infection that occurred more than 48 hours after a patient was admitted to the hospital<sup>(18)</sup>. Inappropriate antibiotic treatment could be classified into two categories, undertreatment and overtreatment. Undertreatment was defined as the act of administering an antibiotic that the organism was resistant to. Overtreatment was the act of administering more antibiotics than necessary. The appropriateness of empirical antibiotics was defined based on the isolated bacteria being susceptible to at least one of the antibiotics administered within 24 hours of the patient being diagnosed with bacteremia. The appropriateness of specific antibiotics was defined based on the isolated bacteria being susceptible to the antibiotics without excessive treatment. The appropriateness of antibiotic treatment was reviewed and evaluated by an infectious disease specialist. The time to initiation of the first dose of antibiotics was measured from the time blood cultures were taken until the time antibiotics were begun.

### Outcomes and complications

Improvement of infection was defined as complete resolution or reduction of the symptoms and signs of infection. An adverse effect of an antibiotic was defined as an allergic reaction or side effect, including reactions such as nephrotoxicity, hepatotoxicity, leukopenia, thrombocytopenia, and drug fever. Antibiotic-associated diarrhea was classified as diarrhea occurring after antibiotic treatment with or without confirmed *Clostridium difficile* toxin, after other causes of diarrhea were excluded.

### Statistical analysis

The sample size was calculated based on the finding of Chaisathaphol & Chayakulkeeree<sup>(10)</sup> that the prevalence of overall MDR Gram-negative bacteria infection was 48.8%. With  $\alpha=0.05$  and  $d=0.055$ , the sample size needed was 318 subjects. The continuous data were reported as mean and standard deviation (SD) and median and interquartile range (IQR) and analyzed them using either a Student's t-test for normal distribution data or a Mann-Whitney U test for non-normal distribution data. The categorical data were presented as numbers and percentages and analyzed using the chi-square test. Univariate and multivariate logistic regression analyses were conducted to determine the relationships between MDR GNB infections

and selected factors. Odds ratios (OR) and 95% confidence interval (CI) were used to quantify these associations. A p-value of less than 0.05 was considered statistically significant. All statistical analyses were performed using the Stata Statistical Software, version 17 (StataCorp LLC, College Station, TX, USA).

### Ethical approval

The present study was approved by the Ethics Review Board of the Bamrasnaradura Infectious Diseases Institute (S004h/64\_ExpD). The institution's Institutional Review Board waived the informed consent due to de-identification of patient data. The confidentiality and privacy of the information were assured by removing the identity of the individuals and replacing it with a new anonymous code given by the authors prior to being used in the present retrospective study.

## Results

### Patients and clinical characteristics of infection

The authors had 364 subjects that had 373 episodes of GNB bacteremia in the present study. Two hundred eleven (58%) were female. The mean ( $\pm$ SD) age of study subjects was  $67.4\pm 17.7$  years, with a range of 17 to 100 years (Table 1). Of the 364 subjects, 123 (33.8%) had MDR GNB infections. The percentage of MDR GNB organisms was highest in 2017 at 41.1%, and lowest in 2018 at 30.2%. The percentage of MDR GNB organisms was 32.1% in 2019 and 31.4% in 2020. Out of the 364 patients, 325 (89.3%) had comorbidities and 64 (17.6%) had invasive medical devices. Subjects with MDR GNB were significantly more likely than those with non-MDR GNB to have a long-term urinary catheter, which is more than seven days ( $p=0.005$ ), resided in a long-term care facility ( $p<0.001$ ), had been hospitalized in the previous 90 days ( $p<0.001$ ), had received an antibiotic in the previous 90 days ( $p<0.001$ ), had a hospital wound dressing ( $p<0.001$ ), and had MDR GNB colonization or infection in the previous 90 days ( $p<0.001$ ) (Table 1). In the previous 90 days, subjects with MDR GNB received more of the following antibiotics than subjects with non-MDR GNB, which are penicillin ( $p=0.017$ ), third-generation cephalosporins ( $p<0.001$ ), carbapenems ( $p=0.004$ ), and fluoroquinolone ( $p=0.03$ ) (Table 1).

The most common causative pathogens of GNB bacteremia were *E. coli*, at 66.2%, followed by *Klebsiella* spp., at 16.2%, and *A. baumannii*, at 4.9% (Table 2). MDR strains were identified in 39% of

**Table 1.** Demographic and clinical characteristics of subjects with Gram-negative bacilli bacteremia (n=364)

Demographic and clinical characteristics	Total (n=364)	Non-MDR Gram-negative bacteremia (n=241)	MDR Gram-negative bacteremia (n=123)	p-value
Average age (years); mean±SD	67.4±17.7	65.8±18.2	70.5±16.2	0.956
Sex; n (%)				0.234
Male	153 (42.0)	96 (39.8)	57 (46.3)	
Female	211 (58.0)	145 (60.2)	66 (53.7)	
Ward; n (%)				0.059
General ward	285 (78.3)	184 (76.4)	101 (82.1)	
ICU	46 (12.6)	29 (12.0)	17 (13.8)	
OPD	33 (9.1)	28 (11.6)	5 (4.1)	
Department; n (%)				0.128
Medicine	296 (81.3)	188 (78)	108 (87.8)	
Surgery	37 (10.2)	28 (11.6)	9 (7.3)	
OPD GP	29 (8.0)	23 (9.5)	6 (4.9)	
Comorbidity; n (%)				
DM	134 (36.8)	83 (34.4)	51 (41.5)	0.189
CVA	50 (13.7)	29 (12.0)	21 (17.1)	0.186
Cirrhosis	29 (8.0)	21 (8.7)	8 (6.5)	0.461
HIV infection	39 (10.7)	28 (11.6)	11 (8.9)	0.435
CKD	64 (17.6)	37 (15.4)	27 (22.0)	0.118
ESRD on HD	10 (2.8)	9 (3.7)	1 (0.8)	0.107
Solid cancer	39 (10.7)	26 (10.8)	13 (10.6)	0.949
Bed-ridden status	95 (26.1)	56 (23.2)	39 (31.7)	0.082
None	39 (10.7)	29 (12.0)	10 (8.1)	0.255
Receiving invasive medical device; n (%)	64 (17.6)	38 (15.8)	26 (21.1)	0.203
Central venous catheter	16 (4.4)	13 (5.4)	3 (2.4)	0.193
Long-term urinary catheter	39 (10.7)	18 (7.5)	21 (17.1)	0.005
Endotracheal tube	29 (8.0)	17 (7.1)	12 (9.8)	0.368
Residence in long-term care facility; n (%)	26 (7.1)	9 (3.7)	17 (13.8)	<0.001
Previous admission within 90 days; n (%)	105 (28.9)	42 (17.4)	63 (51.2)	<0.001
Previous antibiotic used within 90 days; n (%)	139 (38.2)	66 (27.8)	73 (59.4)	<0.001
Type of ATB exposure; n (%)				
Penicillin	23 (6.3)	10 (4.2)	13 (10.6)	0.017
Third-generation cephalosporin	58 (15.9)	25 (10.4)	33 (26.8)	<0.001
Carbapenem	55 (15.1)	27 (11.2)	28 (22.8)	0.004
Piperacillin/ tazobactam	15 (4.1)	7 (2.9)	8 (6.5)	0.102
Aminoglycoside	6 (1.7)	3 (1.2)	3 (2.4)	0.397
Fluoroquinolone	9 (2.5)	12 (5.0)	17 (13.8)	0.03
Prior MDR colonization/infection; n (%)	57 (15.7)	22 (9.1)	35 (28.5)	<0.001
Wound dressing at the hospital; n (%)	32 (8.8)	12 (5.0)	20 (16.3)	<0.001

ATB=antibiotic; CKD=chronic kidney disease; CVA=cerebrovascular accident; DM=diabetes mellitus; ESRD=end-stage renal disease; GP=general practitioner; HD=hemodialysis; HIV=human immunodeficiency virus; ICU=intensive care unit; MDR=multidrug resistant; OPD=outpatient department; SD=standard deviation

*E. coli*, 38.9% of *A. baumannii*, 23.7% of *Klebsiella* spp., and 12.5% of *P. aeruginosa* (Table 2). Eighty of the 289 isolates (27.7%) were obtained from subjects with community-acquired Enterobacterales bacteremia and were MDR/ESCR/CR strains. Community-acquired MDR/ESCR *E. coli* accounted for 24.1% of all *E. coli* isolates (58 out of the 241

subjects). Community-acquired MDR/ESCR *K. pneumoniae* accounted for 2.5% of all *K. pneumoniae* isolates (one out of the 40 subjects).

Of the subjects with GNB infections, 85.2% had community-acquired infections. The most common sites of infection were genitourinary tract in 49.2%, followed by respiratory tract in 6.3%, and intra-

**Table 2.** Organisms of interest by the number of episodes of infection

Organism	Total (n=364); n (%)	Non-MDR Gram-negative bacteremia (n=241); n (%)	MDR Gram-negative bacteremia (n=123); n (%)	p-value
Enterobacterales				<0.001
<i>Escherichia coli</i>	241 (66.2)	147 (61)	94 (76.4)	
<i>Klebsiella</i> spp.	59 (16.2)	45 (18.7)	14 (11.4)	
<i>Enterobacter</i> spp.	8 (2.2)	4 (1.7)	4 (3.3)	
<i>Proteus</i> spp.	10 (2.7)	9 (3.7)	1 (0.8)	
<i>Citrobacter</i> spp.	2 (0.5)	2 (0.8)	0 (0.0)	
Others	10 (2.7)	9 (3.7)	1 (0.8)	
<i>Pseudomonas aeruginosa</i>	16 (4.4)	14 (5.8)	2 (1.6)	
<i>Acinetobacter baumannii</i>	18 (4.9)	11 (4.6)	7 (5.7)	

MDR=multidrug resistant

**Table 3.** Characteristics and severity of infection

Characteristics and severity of infection	Total (n=364)	Non-MDR Gram-negative bacteremia (n=241)	MDR Gram-negative bacteremia (n=123)	p-value
Community-acquired infection; n (%)	310 (85.2)	206 (85.5)	104 (84.6)	0.814
Healthcare-associated infection; n (%)	54 (14.8)	35 (14.5)	19 (15.5)	
Primary bacteremia; n (%)	149 (40.9)	112 (46.5)	37 (30.1)	0.003
Respiratory tract	23 (6.3)	15 (6.2)	8 (6.5)	0.917
Genitourinary tract	179 (49.2)	101 (41.9)	78 (63.4)	<0.001
Intraabdominal	20 (5.5)	15 (6.2)	5 (4.1)	0.393
Wound and soft tissue	4 (1.1)	3 (1.2)	1 (0.8)	0.709
Catheter-related infection	9 (2.5)	8 (3.3)	1 (0.8)	0.145
Severity of infection; n (%)				0.206
SIRS	213 (58.5)	148 (61.4)	65 (52.9)	
Sepsis	74 (20.3)	48 (19.9)	26 (21.1)	
Septic shock	77 (21.2)	45 (18.7)	32 (26.0)	
Organ dysfunction; n (%)	215 (59.1)	133 (55.2)	82 (66.7)	0.035
Respiratory	60 (16.5)	37 (15.4)	23 (18.7)	0.416
Renal	127 (34.9)	82 (34.0)	45 (36.6)	0.628
Cardiovascular	85 (23.4)	58 (24.1)	27 (22.0)	0.652
CNS	92 (25.3)	52 (21.6)	40 (32.5)	0.023
Hematologic	29 (8.0)	18 (7.5)	11 (8.9)	0.623
GI	47 (12.9)	35 (14.5)	12 (9.8)	0.200
Metabolic acidosis	39 (10.7)	19 (7.9)	20 (16.3)	0.015
APACHE II score; median (IQR)	22 (17 to 27) (n=37)	21 (15.5 to 24.75) (n=26)	25 (21.5 to 29) (n=11)	0.051

APACHE=acute physiology and chronic health evaluation; CNS=central nervous system; GI=gastrointestinal; IQR=interquartile range; MDR=multidrug resistant; SD=standard deviation; SIRS=systemic inflammatory response syndrome

abdominal region in 5.5%. The prevalence of GNB bacteremia with an unidentified source of infection was found to be 40.9% (Table 3). The incidence of organ dysfunction was determined to be significantly higher in subjects with MDR infection, which was 66.7%, compared to those with non-MDR infection at 55.2% (p=0.035). The prevalence of central nervous system dysfunction (p=0.023) and metabolic acidosis (p=0.015) was higher in subjects with MDR infection than those with non-MDR infection (Table 3).

### Factors associated with MDR Gram-negative bacteria infection

The factors significantly positively associated with MDR GNB infection compared to non-MDR GNB infection were previous stay in a long-term care facility (adjusted OR [aOR] 4.25, 95% CI 1.47 to 12.29, p=0.008), hospitalization in the previous 90 days (aOR 3.40, 95% CI 1.62 to 7.16, p=0.01), and infection of the genitourinary tract (aOR 2.33, 95% CI 1.04 to 5.20, p=0.040) (Table 4).

**Table 4.** Univariate and multivariate analysis of risk factors for MDR Gram-negative bacilli bacteremia

Factor	Univariate analysis		Multivariate analysis	
	cOR (95% CI)	p-value	aOR (95% CI)	p-value
Long-term urinary catheter	2.55 (1.30 to 4.99)	0.006	0.80 (0.33 to 1.92)	0.616
Residence in long-term care facility	4.13 (1.78 to 9.58)	0.001	4.25 (1.47 to 12.29)	0.008
Previous admission within 90 days	4.96 (3.06 to 8.08)	<0.001	3.40 (1.62 to 7.16)	0.01
Previous antibiotic use within 90 days	3.87 (2.45 to 6.12)	<0.001	1.79 (0.74 to 4.34)	0.196
Type of ATB exposure: Penicillin	2.73 (1.16 to 6.42)	0.021	1.15 (0.41 to 3.28)	0.790
Type of ATB exposure: Third-generation cephalosporin	3.17 (1.78 to 5.63)	<0.001	1.18 (0.54 to 2.59)	0.683
Type of ATB exposure: Carbapenem	2.34 (1.31 to 4.18)	0.004	0.73 (0.30 to 1.75)	0.477
Type of ATB exposure: Fluoroquinolone	3.06 (1.41 to 6.64)	0.005	1.25 (0.48 to 3.25)	0.640
Prior MDR colonization/infection	3.96 (2.20 to 7.13)	<0.001	1.59 (0.71 to 3.56)	0.259
Wound dressing at the hospital	3.71 (1.75 to 7.86)	0.001	1.83 (0.71 to 4.67)	0.209
Type of organism	0.99 (0.97 to 1.01)	0.230	0.99 (0.97 to 1.01)	0.193
Primary bacteremia	0.50 (0.31 to 0.79)	0.003	1.04 (0.47 to 2.33)	0.916
Site of infection: Genitourinary	2.40 (1.54 to 3.76)	<0.001	2.33 (1.04 to 5.19)	0.040
Having organ dysfunction	1.62 (1.03 to 2.55)	0.036	1.17 (0.64 to 2.13)	0.614
Organ dysfunction: CNS	1.75 (1.08 to 2.85)	0.024	0.76 (0.38 to 1.52)	0.430
Organ dysfunction: Metabolic acidosis	2.27 (1.16 to 4.43)	0.017	2.38 (0.99 to 5.74)	0.053
APACHE II score	1.13 (1.00 to 1.27)	0.05	0.99 (0.95 to 1.03)	0.471

aOR=adjusted odds ratio; APACHE=acute physiology and chronic health evaluation; ATB=antibiotic; CI=confidence interval; CNS=central nervous system; cOR=crude odds ratio; MDR=multidrug resistant

### Characteristics of antimicrobial treatment

Among the subjects with GNB infection, 211 (58.2%) received their first dose of antibiotics within one hour of being diagnosed with sepsis. Subjects in the non-MDR group were prescribed significantly more third-generation cephalosporins as initial antibiotics ( $p=0.018$ ), whereas subjects in the MDR group were prescribed significantly more carbapenems ( $p=0.016$ ). It is notable that 78% of the subjects with GNB bacteremia received antibiotics against susceptible organisms within 24 hours of being diagnosed with bacteremia. Susceptibility to antimicrobial therapy within 24 hours was lower in the MDR group, at 46.3%, than in the non-MDR group, at 94.2%, ( $p<0.001$ ) (Table 5).

The antibiotic regimens for 184 subjects with GNB bacteremia (50.6%) were adjusted by the attending physicians over the therapy period. The antibiotic regimen that was altered was characterized as specific antimicrobial therapy. Among the non-MDR group, 129 subjects, or 53%, continued to receive empirical antibiotics as part of their ongoing therapy. Seventy-one subjects, or 58%, in the MDR group received specific antibiotic therapy, which enhanced coverage compared to empirical antibiotics (Table 5).

Although 80.8% of subjects with GNB received appropriate specific antibiotic treatment, 19.9% of

subjects in the non-MDR group were overtreated compared with the MDR group, which was 0.8%, while 10.6% of subjects in the MDR group were undertreated compared with the non-MDR group, which was 2.9% ( $p<0.001$ ). Subjects in the MDR group received significantly more carbapenems as specific antibiotics ( $p<0.001$ ), whereas subjects in the non-MDR group received more third-generation cephalosporins ( $p<0.001$ ) (Table 5).

### Outcomes and complications of infection

Subjects in the MDR and non-MDR groups did not significantly differ in terms of mortality at the end of the antibiotic course ( $p=0.737$ ). Subjects in the MDR group did not have a significantly lower survival rate than subjects in non-MDR group ( $p=0.976$ ). The median duration of hospital stay for the MDR group was 11 days (IQR 7 to 21.5), longer than the non-MDR group's median of 10 days (IQR 5 to 18), with a  $p$ -value of 0.020. The median duration of fever in the MDR group was three days (IQR 2 to 5), longer than the non-MDR group, which had a median of three days (IQR 1 to 5) ( $p=0.041$ ). There was no significant difference between the groups in evidence of superinfection ( $p=0.420$ ) and evidence of reinfection ( $p=0.371$ ). There was also no significant difference between groups in the incidence of complications such as antibiotic-associated diarrhea

**Table 5.** Characteristics of antimicrobial administration

Characteristics of antimicrobial administration	Total (n=364); n (%)	Non-MDR Gram-negative bacteremia (n=241); n (%)	MDR Gram-negative bacteremia (n=123); n (%)	p-value
Time to initiate the first dose of ATB				0.076
Within 1 hour	212 (58.2)	148 (61.5)	64 (52.0)	
1 to 2 hours	78 (21.4)	43 (17.8)	35 (28.5)	
2 to 3 hours	28 (7.7)	17 (7.1)	11 (8.9)	
3 to 6 hours	16 (4.4)	13 (5.4)	3 (2.4)	
>6 hours	30 (8.2)	20 (8.3)	10 (8.1)	
Received full-loading dose	347 (95.3)	227 (94.2)	120 (97.6)	0.149
Appropriate dose and dosing interval within 48 hours	347 (95.3)	230 (95.4)	117 (95.1)	0.893
Susceptible of ATB within 24 hours	284 (78.0)	227 (94.2)	57 (46.3)	<0.001
Type of empirical antibiotic				0.743
Monotherapy	301 (82.7)	196 (81.3)	105 (85.4)	
Combined therapy	61 (16.8)	44 (18.3)	17 (13.8)	
Empirical ATB treatment				
Third-generation cephalosporin	206 (56.6)	147 (61.0)	59 (48.0)	0.018
Carbapenem	115 (31.6)	66 (27.4)	49 (39.8)	0.016
BL/BI	26 (7.1)	14 (5.8)	12 (9.8)	0.167
Aminoglycoside	21 (5.8)	12 (5.0)	9 (7.3)	0.366
Fluoroquinolone	19 (5.2)	15 (6.2)	4 (3.3)	0.228
Colistin	1 (0.3)	1 (0.4)	0 (0.0)	0.474
Fosfomycin	4 (1.1)	2 (0.8)	2 (1.6)	0.491
Specific ATB treatment				<0.001
De-escalated	57 (15.6)	54 (22.4)	3 (2.4)	
Continued	177 (48.6)	129 (53.5)	48 (39.0)	
Escalated	127 (34.8)	56 (23.2)	71 (57.7)	
Appropriateness of specific ATB				<0.001
Appropriate	294 (80.8)	185 (76.8)	109 (88.6)	
Overtreatment	49 (13.5)	48 (19.9)	1 (0.8)	
Undertreatment	20 (5.5)	7 (2.9)	13 (10.6)	
Specific ATB treatment				
Third-generation cephalosporin	138 (37.9)	132 (54.8)	6 (4.9)	<0.001
Carbapenem	182 (50.0)	80 (33.2)	102 (82.9)	<0.001
BL/BI	22 (6.0)	14 (5.8)	8 (6.5)	0.792
Aminoglycoside	18 (5.0)	13 (5.4)	5 (4.1)	0.580
Fluoroquinolone	24 (6.6)	19 (7.9)	5 (4.1)	0.165
Colistin	7 (1.9)	1 (0.4)	6 (4.9)	0.003
Fosfomycin	16 (4.4)	5 (2.1)	11 (8.9)	0.002

ATB=antibiotic; BL/BI=beta-lactam/beta-lactamase inhibitors; MDR=multidrug resistant

( $p=0.397$ ) and acute kidney injury requiring renal replacement therapy ( $p=0.768$ ) (Table 6).

#### Association between appropriateness of antibiotic treatment and mortality among subjects with MDR GNB bacteremia

Univariate and multivariate analyses were conducted to assess the association between the suitability of antibiotic treatment and mortality among subjects with MDR GNB infection. The

findings revealed a significant association between the appropriateness of empirical antibiotics and survival in the MDR group (crude OR [cOR] 0.09, 95% CI 0.02 to 0.53,  $p=0.008$ ; aOR 0.07, 95% CI 0.12 to 0.43,  $p=0.004$ ). Univariate analysis showed no significant association between the appropriateness of specific antibiotics and mortality among subjects with MDR infection (cOR 1.81, 95% CI 0.98 to 3.35,  $p=0.059$ ; aOR 2.05, 95% CI 1.09 to 3.86,  $p=0.025$ ).

**Table 6.** Outcomes and complications of infection

Outcomes and complications of infection	Total (n=364)	Non-MDR Gram-negative bacteremia (n=241)	MDR Gram-negative bacteremia (n=123)	p-value
Clinical outcome at the end of antibiotic treatment				0.737
Infection improved	316 (86.8)	210 (87.1)	106 (86.2)	
Infection worsened	8 (2.2)	4 (1.7)	4 (3.3)	
Death from infection	38 (10.4)	26 (10.8)	12 (9.8)	
Death from other causes	2 (0.6)	1 (0.4)	1 (0.8)	
Hospital outcome				0.976
Cured/improved	301 (82.7)	200 (83)	101 (82.1)	
Death from infection	49 (13.5)	32 (13.3)	17 (13.8)	
Death from other causes	14 (3.9)	9 (3.7)	5 (4.1)	
Evidence of superinfection	23 (6.3)	17 (7.1)	6 (4.9)	0.420
Evidence of reinfection	6 (1.7)	5 (2.1)	1 (0.8)	0.371
Antibiotic-associated diarrhea	6 (1.7)	3 (1.2)	3 (2.4)	0.397
Acute kidney injury needs RRT	5 (1.4)	3 (1.2)	2 (1.6)	0.768
Length of fever in days; median (IQR)	3 (1 to 5)	3 (1 to 5)	3 (2 to 5)	0.041
Length of hospital stay in days; median (IQR)	11 (5 to 19)	10 (5 to 18)	11 (7 to 21.5)	0.020

IQR=interquartile range; GI=gastrointestinal; MDR=multidrug resistant; RRT=renal replacement therapy; SD=standard deviation

## Discussion

The prevalence of MDR GNB bacteremia in this present was 33.8%, which was slightly higher than the 30.8% prevalence data recently reported at a community hospital between January 2016 and December 2020<sup>(19)</sup>, yet lower than the 48.8% documented at an academic tertiary hospital in Thailand in 2012<sup>(10)</sup>. This could be due to greater disease complexity in the academic tertiary hospital. In 2016, Thailand approved the first five-year National Strategic Plan on AMR for 2017 to 2021, emphasizing the reduction of AMR morbidity in hospitals, the decrease of antimicrobial consumption in human and animal sectors, and the enhancement of public awareness. The strategies to attain the objectives of the national plan encompass regulating antimicrobial distribution, prevention, and control of hospital-acquired infections, and enhancing antimicrobial stewardship to encourage the judicious use of antimicrobials in hospitals, clinics, and pharmacies<sup>(20)</sup>. These national strategic initiatives may aid in diminishing the incidence of AMR in facilities. *E. coli* and *K. pneumoniae* remained the most common pathogens among non-MDR and MDR Gram-negative bacteria, with proportions of MDR infection of 39% and 23.7%, respectively, compared with previous reports<sup>(2,10,19)</sup>. The proportion of resistant isolates varied by country and territory<sup>(2,6)</sup>. The current study could not determine the difference in mortality between the two groups. However, the duration of hospitalization and fever was much

greater in the MDR group. These findings were consistent with other investigations<sup>(5,8,9)</sup>.

The present study identified three variables significantly associated with MDR GNB bacteremia, which were residence in a long-term care facility, previous hospitalization within 90 days, and genitourinary tract infection.

Studies indicate that residing in long-term care facility is a risk factor for multidrug-resistant organism (MDRO) colonization, which can then be transmitted and lead to infections<sup>(9,11,21)</sup>. The overall prevalence of colonization with MDROs in long-term care facility worldwide varies by continents. The median global prevalence for extended-spectrum  $\beta$ -lactamase (ESBL) Enterobacteriales, CR-Enterobacteriales, and methicillin-resistant *Staphylococcus aureus* (MRSA) reported was 11.6%, 0.8%, and 13.2%, respectively<sup>(22)</sup>. The highest prevalence of these pathogens was observed in Asia, with ESBL-Enterobacteriales, CR-Enterobacteriales, and MRSA at 71.6%, 6.9%, and 25.6%, respectively<sup>(22)</sup>. This finding aligns with the outcome of a recent prospective cohort conducted in a nursing home in Thailand. The present study revealed that 38% of residents exhibited ESCR-Enterobacteriales colonization, with an all-cause mortality rate of 18%<sup>(23)</sup>. In this study, 13.8% of patients with MDR GNB bacteremia were residents of long-term care facilities, compared to 3.7% in the non-MDR cohort. This finding is consistent with a large cohort of patients from Singapore's tertiary referral hospitals that indicates that the risk of MDR



Gram-negative bacteremia is over five times higher in residents living in long-term care facility compared to those not residing in such facility<sup>(11)</sup>.

Factors contributing to the acquisition of resistant pathogens as a resident of a long-term care facility are divided into resident-related and facility-related factors. Resident-related factors included previous antibiotic use, use of invasive devices such as urinary catheters and feeding tubes, lower functional status, previous colonization with MDR organisms, and physical condition, including decubitus ulcers, wounds, urinary incontinence, and comorbidities<sup>(21)</sup>. Facility-related factors included higher patient-to-staff ratios and a lack of infection control measures, such as hand hygiene, cough etiquette, and barrier precautions<sup>(21)</sup>.

Hospitalized patients have an increased risk of being colonized by resistant pathogens as a result of the extensive use of antibiotics, and cross-transmission between healthcare personnel, patients, and the environment that can increase the risk of MDR infection<sup>(24,25)</sup>. A prospective surveillance study conducted at a Thai academic tertiary hospital revealed an increasing trend of MDR bacterial colonization among hospitalized patients following admission<sup>(24)</sup>. This trend was most pronounced for ESCR *Klebsiella* spp. and CR *A. baumannii* and *P. aeruginosa*<sup>(24)</sup>. The observational study from the university hospital in Taiwan demonstrated the occurrence of MDR bacterial colonization in hospitalized patients increased the risk of subsequent MDR infection and mortality during 12 months after discharge<sup>(26)</sup>.

Genitourinary tract infections showed a stronger association with MDR GNB than other infections in this study. Urinary tract infections (UTIs) are common bacterial infections in both community and hospital settings, and an increasing burden of bacterial AMR in UTI has also been observed<sup>(27)</sup>. A recent study in East Africa had estimated that the proportion of MDR uropathogens was as high as 51%<sup>(28)</sup>. A recent study conducted in northern Thailand reported that the incidence of community-acquired UTIs caused by MDR-Enterobacterales was 25.7%<sup>(29)</sup>. The National Antimicrobial Resistance Surveillance Center of Thailand reported in 2021 that up to 55% of urine samples from 83 hospitals throughout the country contained higher concentration of Enterobacterales that were resistant to third-generation cephalosporins<sup>(30)</sup>. This implied that a higher proportion of secondary bacteremia resulting from UTI would be MDR. A retrospective

cohort study conducted at University Hospital in Missouri, USA, revealed that the urinary catheter served as a source of infection, promoting the development of MDR-GNB and increasing the mortality rate in patients with MDR-GNB bacteremia by approximately five times<sup>(13)</sup>. The result of this study, consistent with a case-control study conducted in a rural community hospital in Thailand, revealed that UTI increase the risk of MDR-GNB infections twofold<sup>(19)</sup>. Furthermore, UTI is a common infection for which people frequently purchase antibiotics from pharmacies, which are occasionally used inappropriately, contributing to the development of drug resistance.

In this study, 87% of patients received the first dose of antibiotics within three hours. Studies have shown that a delay in starting antibiotic treatment increases the likelihood of death in people with sepsis. Therefore, antibiotic administration is crucial for the treatment of sepsis and septic shock<sup>(31)</sup>. For adults with suspected septic shock or a high probability of sepsis, the Surviving Sepsis Campaign 2021 strongly recommends promptly delivering antimicrobials, ideally within one hour after recognition<sup>(32)</sup>.

The appropriateness of empirical antibiotics was significantly associated with survival in the MDR bacteremia group in the present study. This result is consistent with previous research reporting that the improper use of empirical antibiotics increases mortality<sup>(8,10-12,33)</sup>. In this study, only 57 patients (46.3%) in the MDR bacteremia group received an antibiotic against susceptible organisms within 24 hours. A lack of awareness of the potential for MDR organisms to cause infections contributes to inappropriate initial empirical antibiotic use<sup>(34,35)</sup>. Additionally, the prescriber's knowledge or institutional policies regarding local guideline for empirical antibiotics could potentially contribute to inappropriate empirical antibiotic use. Therefore, individual risk factors, the severity of infection, and local epidemiological data should be considered when selecting empirical antibiotics to reduce mortality. To optimize antimicrobial utilization, it is important to precisely diagnose clinical syndrome before starting antibiotics and implement and adhere to local guidelines for empirical antibiotics<sup>(36)</sup>.

Most of the 66 individuals in the MDR group given improper empirical antibiotic therapy had their therapy modified to a specific antibiotic regimen. As a result, the proportion of inappropriate antibiotic therapy decreased from 46.3% to 11.4%. In the non-MDR group, 19.9% of specific antibiotics were

considered inappropriate due to overtreatment, which was a result of not de-escalating to narrower-spectrum antibiotics. The authors could not establish a correlation between previous use of broad-spectrum antimicrobials and subsequent infections caused by MDR organisms. Nevertheless, the key aspect of an antibiotic stewardship program to further decrease MDR infections is de-escalation of antimicrobial therapy based on susceptibility results<sup>(37)</sup>. In this study, 10.6% of the specific antibiotics in the MDR group were considered to be an undertreatment. This might have been due to the physician's inability to keep updated on the susceptibility results of these organisms, resulting in a failure to adjust the antimicrobials according to the susceptibility data.

This 4-year retrospective cohort study is the first to investigate factors and outcomes associated with MDR GNB bacteremia at the present study facility. Epidemiological data and associated factors can be applied to manage at-risk patients and achieve favorable outcomes. This study has limitations. First, some variables were not included in the data records, such as socioeconomic factors, co-morbidities beyond those recorded, patient compliance with treatment, the patient's history of previous antibiotic use or hospitalization if they were admitted to this facility for the first time, the reason for inappropriate specific antibiotic use, reports of reinfection or superinfection, and consequent MDR infection. Second, the present study was conducted at a single-center tertiary care hospital. This limits the adaptability of the findings to different hospital types or geographic locations. Third, owing to its retrospective nature, this study limits the ability to establish causation. Multi-center prospective studies are essential to further investigate risk factors associated with MDRO infection that cannot be gathered from retrospective studies. The factors of inappropriate empirical and specific antibiotic use, as well as the outcomes and burden of MDR infections need to be included. This will facilitate the development of local guidelines for empirical antibiotic use in patients at risk of MDR infections.

## Conclusion

Residence in a long-term care facility, previous hospitalization within 90 days, and genitourinary tract infection were factors associated with MDR GNB bacteremia. Therefore, patients whose disease course includes these factors should receive empiric antibiotics covering MDR GNB bacteremia. Nonetheless, any facility can determine this result

based on regional variations in AMR patterns and practices. Further studies are needed to determine whether making these changes will result in improved survival of the study population.

## What is already known on this topic?

The number of MDR infections is constantly increasing globally. The incidence of MDR infections and associated risk factors vary across hospitals. Early administration of antibiotics covering MDR pathogens based on risk assessment enhances treatment outcomes and reduces mortality.

## What does this study add?

MDR GNB bacteremia was associated with residing in a long-term care facility, previous hospitalization within 90 days, and genitourinary tract infection. Consequently, patients whose disease course comprised these factors should be administered empiric antibiotics that respond to MDR GNB bacteremia.

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## Authors' contributions

TS and AT provide substantial contributions to the study concept and design, data collecting, data analysis and interpretation, and drafting of the manuscript. LC, PS, and WM significantly contributed to the conceptualization and design of the study, the interpretation of data, and the critical revision of the manuscript. All authors made significant contributions to the critical revisions and gave their approval to the final manuscript.

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## Conflicts of interest

The authors declare that there are no competing interests.

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